

Salsa recipe development

This week's practical is a salsa side dish which can be eaten with a wide range of meals instead of a basic salad. As well as adding to your 5 a day fruit and vegetables, a salsa can really add flavor and moisture to your meal.

Your design work this week is to think about how the salsa recipe could be developed to use different fruits and vegetables.

Start with some research. Look online, in recipe books or in your local shops and see how many different types of salsa you can find.

1. On A4 paper, make a mood board showing lots of different types of salsa.
2. If it's not obvious what type of salsas you have on your moodboard, add some labels.
3. Finally add some notes (annotation) about your thoughts on the colours and flavours of the salsa ideas you have on your moodboard. This example might help with ideas for annotation.



Mango salsa has a sweet, fresh flavour and a bright orange colour



Watermelon salsa, looks a bit like tomato but much sweeter and a lot more juicy



Tomatillo salsa is quite zingy, because the tomatillos are a bit like green tomatoes



Some people like their salsa smooth and some like it chunky like this one.



Strawberry salsa also has mint with it. It makes a very good combination



Pineapple in this would be sweet but the yuzu is like lemon. A bit sour



To make a salsa more mild you have less chilli hot salsa, has more chilli!



This smoky salsa would be good for a BBQ



My idea for a salsa recipe development is:
