

Mind mapping and annotation

Mind mapping is best known as a brainstorming exercise. You start with a central topic—surrounded by a bubble—then expand your ideas by adding additional bubbles that are each connected together with lines to create relationships.

On a piece of A4 paper draw an annotated mind map to help you come up with some ideas for developing savoury rice.

Central Topic: Savoury rice

Subtopic ideas:

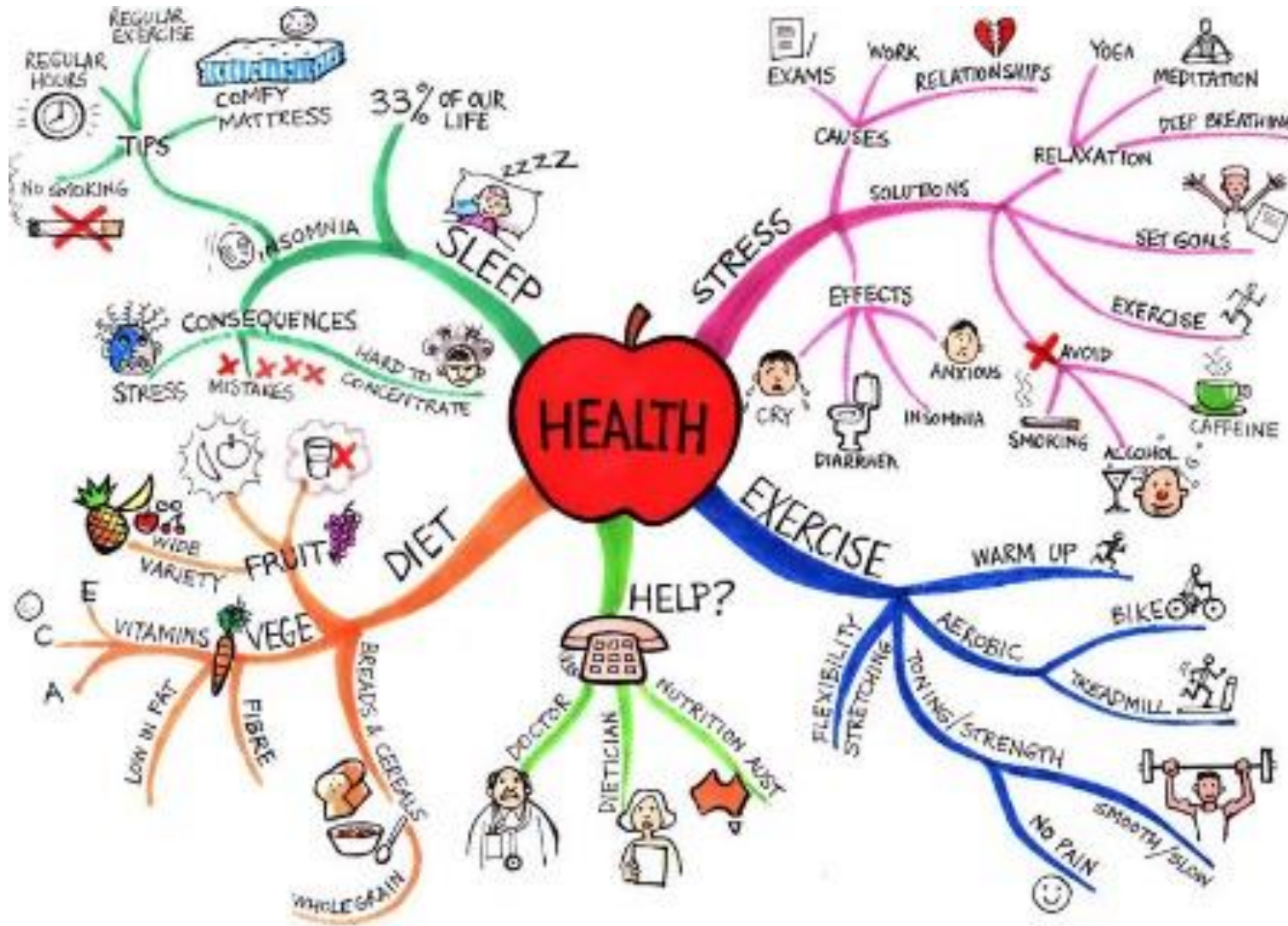
- Fruit
- Vegetables
- Meat
- Herbs
- Spices
- Sauces

Related comments should include notes (Annotation) about how these subtopics affect the frittata's appearance, taste, texture and nutrition.

Write your final rice recipe somewhere on your mind map.



Mind map example



Central Topic: Health

Subtopic ideas:

Stress

Exercise

Help

Diet

Sleep

Extensions for related ideas should explain the points linked to the central topic