**Mac and cheese worksheet**

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| Name 6 different vegetables that could be used in the pasta bake. Explain how you would prepare them.123456 | What other types of fish, meat or alternatives could be used in the pasta bake? Give reasons for your answers.*

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| Suggest how you could make a crunchy topping for your pasta bake. What ingredients would you use eg chopped nuts? | What other meals could you make using an all in one white sauce like the one in this recipe?  |
| This recipe contains food which could perish if left at room temperature for too long. What do you need to do with your food to keep it safe?.Key words to: **cool 2 hours chill fridge 3 days** **piping hot** | Label the food from your pasta bake in the correct food group on the eatwell guideSuggest 3 side dishes that would add extra vegetables to the meal. |